

Adolescent Substance Use Treatment Resources • • • • • • • • • •

Start with an assessment

In order to determine the severity of the substance use and/or mental health problem, and the appropriate course of treatment, a Comprehensive Assessment by a specialist is recommended. The following programs offer assessment, treatment, and case management for families with adolescents and young adults:

The ARMS Program at MGH

Addiction Recovery Management Service, Boston (for ages 14-26)
617 643-4699
www.addictionanswers.com

The ASAP Program at Children's

Adolescent Substance Use and Addiction Program, Boston
617 355-2727
<http://www.childrenshospital.org>

Beth Israel Deaconess Clinic

Beth Israel Deaconess Medical Center, Boston
Kevin P. Hill, MD, MHS
Director, Division of Addiction Psychiatry
617 667- 1597

The Catalyst Clinic at BMC

Boston Medical Center, Boston
This clinic provides access to a wide range of services including primary care, behavioral health, and support resources for patients up to age 25 and families. Primary care doctor must be at BMC.
617 414-6655
<https://www.bmc.org/catalyst-clinic>

McLean Hospital, Belmont

617 855-3505

Other treatment navigation resources

The Interface Referral Service is a free helpline for Scituate residents of all ages to connect with individual mental health or substance use counselors. An experienced clinician will match the caller for specialty, insurance, and availability. Call 888 244-6843.

Massachusetts Youth Central Intake & Care Coordination provides confidential information for direct referrals to state programs through the Massachusetts Bureau of Substance Abuse Services. Families may make direct referrals to state-licensed providers at every level of care, including: adolescent detox and stabilization; adolescent inpatient treatment programs; intensive outpatient programs (IOPs), and adolescent/young adult recovery homes. Search www.helplinema.org, or call 617 661-3991 for information.

There are also many out-of-state providers of inpatient treatment that accept private insurance or private-payment for adolescents and young adults. Please check with an addiction counselor for additional options.

South Shore Peer Recovery is a non-profit recovery community organization based in Scituate. A resource library and help navigating treatment and recovery supports is available during regular business hours. A variety of free recovery supports including meditation, acupuncture and support groups are also offered. Please visit www.southshorepeerrecovery.com for more information.



