

ADOLESCENT-SPECIFIC SUBSTANCE ABUSE SUPPORT ON THE SOUTH SHORE

SCITUATE PUBLIC SCHOOL COUNSELING SUPPORT

STUDENT ASSISTANCE PROGRAM (SAP)

The SAP team is made up of members of the school staff who are trained to help students and parents access school and community services. The goal of the SAP team is to help parents and students find services and assistance within the school and, if needed, in the community. This team does not diagnose, treat, or refer children for treatment. Anyone can refer a student to the Student Assistance Program. Some students are referred by teachers and other school personnel. Any school staff member, a student's friend or family member can let the SAP team know that they are worried about someone. The students themselves can even go directly to the SAP team to ask for help.

SCHOOL SUPPORT STAFF:

TAMMY RUNDLE

Director of Counseling

(781) 545-8750 x370

Scituate High School

Jen Lopes, Adjustment Counselor and Student Assistance Program Coordinator, (781) 545-8750 x102

Gates Intermediate School, (781) 545- 8760

Nancy Driscoll, School Counselor

Amy Mahoney, School Counselor

Kristyn Burm, Adjustment Counselor

Cassandra McNamara, Psychologist

COMMUNITY-BASED SUBSTANCE ABUSE SERVICES (Outpatient)

ARBOUR COUNSELING, Norwell

(800) 222-2237

Adolescent Structured Outpatient Addiction Program (SOAP): M-F, 4:30-7:00pm

BAY STATE COMMUNITY SERVICES, Quincy

(617) 471-8400

Intensive Recovery Program : M/W/F 3-5:00 pm for 4 weeks

Katie Clark, Intake Coordinator

CARON TREATMENT CENTER, Norwell

(781) 878-7111

Dan Lynch, Regional VP, Caron Boston (office is in Norwell)

Specialist in Addiction Interventions and Recovery Management

dlynch@caron.org

CHILDREN'S HOSPITAL, Boston

(857) 218-4316

LYNCH WELLNESS & RECOVERY FOUNDATION, Norwell

Dan Lynch, President

(781) 878-8909

MASS GENERAL ARMS, Boston

(617) 643-4699

Addiction Recovery Management Service

INPATIENT SUBSTANCE ABUSE PROGRAMS

ADOLESCENT DETOX AND STABILIZATION - Average Two-Week stay

THE CASTLE, Brockton

(508) 638-6000

MYR, Worcester

(508) 860-1244

RESIDENTIAL AND REHAB PROGRAMS - Average 90-Day Stay

Contact YOUTH CENTRAL INTAKE of Substance Abuse Services

(617) 661-3991

Institute for Health and Recovery to access adolescent residential and rehab programs



www.scituateFACTS.org

This community resource was prepared by The Scituate FACTS Coalition.

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ONGOING SUPPORT (Adolescents, Adults, Families)

ALCOHOLICS ANONYMOUS: www.aaboston.org

12-Step peer support programs for addiction to alcohol or drugs. Check websites for local meetings.

NARCOTICS ANONYMOUS: www.nerna.org

AWAKENING RECOVERY YOGA: www.cohassetyogacenter.com

Mindfulness-based recovery series "AWOL" workshop, one Sunday per month, from 3:00-5:00pm. Please check website for schedule. 130 King Street, MaryLous Plaza on Route 3A in Cohasset. \$25 in advance. Ongoing - new participants are welcome to join group.

LEARN TO COPE

www.learn2cope.org to join anonymous, online message board.

Peer support for families affected by drug addiction. Weekly meetings are led by other parents and/or young people in recovery from opiate and heroin addiction. Narcan available at all meetings.

- First & Third Thursday of each Month in Norwell - 7:00-8:30 pm. New location: South Shore Medical Center ADMINISTRATIVE BUILDING, 141 Longwater Drive. Drive to left of building and enter at Blue Entrance to Cafe.
- Mondays at 7:00 pm in Brockton - Independence Academy, 460 Belmont Street.
- Tuesdays at 7:00 pm in Quincy - Eastern Nazarene College, 180 Old Colony Ave. Main entrance and follow signs.

RECOVERY HIGH SCHOOL - INDEPENDENCE ACADEMY

www.northrivercollaborative.org

INDEPENDENCE ACADEMY, Brockton
460-R Belmont Street Brockton, MA
Phone: 508 510-4091
Amanda Caggiano, Intake Coordinator, acaggiano@nrcollab.org
Richard Melillo, Program Director, rmelillo@nrcollab.org

Students with a substance abuse diagnosis may be eligible to attend this new regional recovery high school. year-round.

OPIOID OVERDOSE PREVENTION: More info here: <http://www.mass.gov/eohhs/docs/dph/substance-abuse/>

Nasal Narcan is saving lives by reversing opioid overdoses. To obtain free nasal Narcan and learn how you can save the life of a family member or friend, attend a Learn to Cope meeting, or contact:

Manet Community Health Centers (In Quincy, Weymouth and Hull) 1 857-403-0803
Warren Nicoli

Or call The Massachusetts Information & Education helpline for list of Narcan sites: 1 800 327-5050

Please note: This is a partial list of available resources.
Specific programs are not endorsed by Scituate Public Schools. Many of these programs accept insurance; please call the number on the back of your insurance card to determine coverage.



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